



OCTOBER 25

2023 SEC CROSS COUNTRY

SEC CHAMPIONSHIPS

UPCOMING SCHEDULE

Friday, Oct. 27

SEC Championships (Columbia, S.C.)

Friday, Nov. 3

Hokie Open (Blacksburg, Va.)
Virginia Tech

Friday, Nov. 10

NCAA Midwest Regional Championships (Stillwater, Okla.)

NCAA South Regional Championships (Gainesville, Fla.)

NCAA South Central Regional Championships (Fayetteville, Ark.)

NCAA Southeast Regional Championships (Spartanburg, S.C.)

Saturday, Nov. 18

NCAA Championships (Charlottesville, Va.)

SEC CROSS COUNTRY CHAMPIONSHIPS SET FOR FRIDAY

The Southeastern Conference and the University of South Carolina will serve as host of the 2023 SEC Cross Country Championships Friday at Charwood Golf Club in West Columbia, S.C. The meet will be televised live on the SEC Network.

The men's 8K race is scheduled for a 10:08 a.m. ET start, while the women's 6K race will begin at 10:50 a.m. ET. An awards ceremony will follow the women's race. Admission to the 2023 SEC Cross Country Championships is free and open to the public. This marks the fourth time South Carolina has served as host of the SEC Cross Country Championships and the first since 2010.

Seven SEC teams enter the SEC Championships listed among the nation's top-25 teams according to the most recent rankings released last week. In the women's rankings, Florida is ranked seventh, while Arkansas is No. 11, Alabama is No. 13 and Ole Miss is No. 18. Arkansas is the highest-ranked SEC men's squad at No. 8, while Tennessee is No. 13 and Alabama is No. 22.

Alabama swept the men's and women's titles last year. Arkansas leads all programs with 27 SEC men's titles and 22 women's titles.

Coverage of the SEC Cross Country Championships begins at 10 a.m. ET on the SEC Network. Official results will be available at [pttiming.com](https://live.pttiming.com).

SEC Championship Meet Central

Site: West Columbia, S.C.

Venue: Charwood Golf Club

Dates: Friday, October 27, 2023

Times: Men's 8K at 10:08 a.m. ET; Women's 6k at 10:50 a.m. ET

Results: <https://live.pttiming.com/xc-ptt.html?mid=5858>

Live Broadcast: SEC Network



2023 SEC CROSS COUNTRY

» USTFCCCA Rankings - Men

1. Northern Arizona
2. Oklahoma State
3. BYU
4. Syracuse
5. California Baptist
6. Texas
7. Harvard
8. Arkansas
9. Colorado
10. Villanova
11. North Carolina
12. Furman
13. Tennessee
14. Notre Dame
15. Princeton
16. Virginia
17. Iowa State
18. New Mexico
19. Michigan
20. Wake Forest
21. Eastern Kentucky
22. Alabama
23. Boise State
24. Wisconsin
25. Stanford
26. Air Force
27. Iona
28. Montana State
29. Georgetown
30. Butler

» USTFCCCA Rankings - Women

1. Northern Arizona
2. NC State
3. Georgetown
4. BYU
5. Stanford
6. Oklahoma State
7. Florida
8. Notre Dame
9. Oregon State
10. Virginia
11. Arkansas
12. California Baptist
13. Alabama
14. Oregon
15. Michigan State
16. Lipscomb
17. Iowa State
18. Ole Miss
19. Washington
20. Colorado
21. Utah
22. Wisconsin
23. Tennessee
24. Furman
25. Colorado State
26. Harvard
27. Utah Valley
28. Gonzaga
28. Syracuse
30. Duke

SEC Men's Teams Week-By-Week In The National Top-25

	UA	AR	AU	UF	UG	UK	LS	UM	MO	UT	AM	VU
Pre	23	20	-	-	-	-	-	-	-	16	-	-
S19	24	20	-	-	-	-	-	23	-	15	-	-
S26	-	22	-	-	-	-	-	23	-	15	-	-
O3	22	21	-	-	-	-	-	-	-	17	-	-
O17	22	8	-	-	-	-	-	-	-	13	-	-
O31												
N14												
Final												

SEC Women's Teams Week-By-Week In The National Top-25

	UA	AR	AU	UF	UG	UK	LS	UM	MS	MO	SC	UT	AM	VU
Pre	13	19	-	9	-	-	-	-	-	-	-	-	-	-
S19	21	18	-	8	-	-	-	-	-	-	-	-	-	-
S26	22	20	-	8	-	-	-	25	-	-	-	-	-	-
O3	14	19	-	9	-	-	-	22	-	-	-	-	-	-
O17	13	11	-	7	-	-	-	18	-	-	-	-	-	-
O31														
N14														
Final														

» Media Services

Communications

The SEC considers its work with the media a top priority. We look forward to working with you in your coverage of SEC Cross Country. For further information, please contact:

Ben Beaty
 Assistant Director of Communications
 Office: (205) 458-3000
 E-Mail: bbeaty@sec.org

Internet

The SEC has an extensive presence on the World Wide Web at www.SECsports.com and at www.SECsportsMedia.com. Travel to the SEC's site to find up-to-the-minute information on SEC cross country, including statistics, schedules & results and much more. For more information, please contact Ben Beaty at bbeaty@sec.org.

Email Services

Updated information on SEC cross country is also available via e-mail to accredited members of the media. Register to receive the weekly release via e-mail by contacting Ben Beaty at bbeaty@sec.org.

SEC Athletes of the Week

Each week, the Southeastern Conference will announce four Athlete of the Week honors for the sport of cross country. The conference will honor a Runner of the Week for both men and women, and also a Freshman of the Week for both men and women. Athletes of the Week are announced each Tuesday by 1 p.m. CT from the SEC Office.

Credentials

The 2023 SEC Cross Country Championships will be held Friday, Oct. 27 in Columbia, S.C.. For information on covering the event, please contact the South Carolina Communications Office.



2023 SEC CROSS COUNTRY

» 2023 SEC Cross Country Coaches' Preseason Poll

(parenthesis indicate first-place votes)

MEN			WOMEN		
Rank	Team	Points	Rank	Team	Points
1	Tennessee (5)	20	1	Florida (13)	13
2	Arkansas (5)	21	2	Arkansas (1)	26
3	Alabama (2)	23	3	Alabama	45
4	Ole Miss	43	4	Ole Miss	53
5	Texas A&M	60	5	Tennessee	54
6	Kentucky	64	6	LSU	94
7	Auburn	67	7	Kentucky	102
8	Florida	74	T8	Auburn	104
9	Missouri	92	T8	Texas A&M	104
10	Georgia	98	10	Vanderbilt	114
11	LSU	110	11	South Carolina	120
12	Vanderbilt	120	12	Missouri	122
			13	Georgia	161
			14	Mississippi State	162

» SEC in the NCAA: Cross Country History

- The SEC has won eight NCAA Men's Cross Country Championships, with Arkansas claiming seven and Tennessee winning one. The last SEC NCAA Championship came in 2000, with Arkansas winning its third consecutive.
- The SEC has won two NCAA Women's Cross Country Championships, with Kentucky winning in 1988 and Arkansas in 2019.
- The SEC boasts two NCAA Cross Country men's individual titles, as Godfrey Siamusiye of Arkansas won back-to-back national crowns in 1995 and 1996.
- Missouri's Karrisa Schweizer won the SEC's first women's NCAA cross country title in 2016, and Alabama's Mercy Chelangat won the NCAA title in the spring of 2021.

SEC's NCAA Cross Country Team Championships

Men	Women
1972 - Tennessee	1988 - Kentucky
1991 - Arkansas	2019 - Arkansas
1992 - Arkansas	
1993 - Arkansas	
1995 - Arkansas	
1998 - Arkansas	
1999 - Arkansas	
2000 - Arkansas	

SEC's NCAA Cross Country Individual Champions

Men
 1995 - Godfrey Siamusiye, Arkansas
 1996 - Godfrey Siamusiye, Arkansas

Women
 2016 - Karrisa Schweizer, Missouri
 2020 (Spring 2021) - Mercy Chelangat, Alabama

» 2023 SEC Weekly Honors

Men's Runner of the Week

9/5 - Chase Condra, Georgia / Eli Nahom, Tennessee
 9/19 - Ryan Kinnane, Auburn
 10/3 - Kirami Yego, Arkansas
 10/10 - Ben Shearer, Arkansas

Men's Freshman Runner of the Week

9/5 - Jack Johnston, Texas A&M
 9/19 - Ryan Olree, Georgia
 10/3 - Jack DesRoches, Vanderbilt
 10/10 - Dean Casey, Tennessee

Women's Runner of the Week

9/5 - Judy Kosgei, South Carolina
 9/19 - Judy Kosgei, South Carolina
 10/3 - Doris Lemngole, Alabama
 10/10 - Parker Valby, Florida / Hilda Olemomoi, Alabama

Women's Freshman Runner of the Week

9/5 - Chesney Peterson
 9/19 - Doris Lemngole, Alabama
 10/3 - Judy Kosgei, South Carolina
 10/10 - Doris Lemngole, Alabama

» SEC Cross Country Communications Contacts

Alabama.....	Jen Smith jesmith@ia.ua.edu	Ole Miss.....	Tyler Wooten tjwooten@olemiss.edu
Arkansas.....	Shawn Price sdp013@uark.edu	Mississippi State	Christina Shadid crs900@msstate.edu
Auburn	Morgyn Jones mkj0020@auburn.edu	Missouri.....	Toby Lowe tlowe@missouri.edu
Florida	Arik Morton ArikM@gators.ufl.edu	South Carolina	David Fox df25@mailbox.sc.edu
Georgia	Leland Barrow leland@sports.uga.edu	Tennessee	Shane Switzer sswitzer@tennessee.edu
Kentucky	Kyle Jackson kyle.jacksonSID@uky.edu	Texas A&M	Sam Thornton sthorton@athletics.tamu.edu
LSU.....	Braydin Sik bsik@lsu.edu	Vanderbilt.....	Pilar Ballough pillar.ballough@vanderbilt.edu



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» 2023 Men's Statistical Leaders

4-Mile Run

Gabe Scales	So.	Ole Miss	09/02/2023	Memphis Twilight - Memphis, Tenn.	19:54.30
Ethan Lemons	Fr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	19:54.59
Jackson Harris	Fr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	19:56.78
Arthur Graham	Jr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	20:00.60
Will Douglas	Fr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	20:30.56
Landen McNair	Fr.	Ole Miss	09/02/2023	Memphis Twilight - Memphis, Tenn.	20:45.69
Charlie Rogers	Fr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	20:49.54
Knox Exton	So.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	21:05.19
Kai Crawford	So.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	21:20.32
Miles Phillips	Jr.	Ole Miss	09/02/2023	Memphis Twilight - Memphis, Tenn.	21:44.78
Jace Jones	Jr.	Alabama	09/02/2023	Memphis Twilight - Memphis, TN	22:22.22
Marcus Dropik	Jr.	Ole Miss	09/02/2023	Memphis Twilight - Memphis, Tenn.	22:35.69
Carson Turner	Fr.	Ole Miss	09/02/2023	Memphis Twilight - Memphis, Tenn.	22:54.53

5-Mile Run

Hillary Cheruiyot	Jr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	23:10.60
Victor Kiprof	Jr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	23:12.30
Eliud Kipsang	Sr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	24:04.00
Jacob Harris	Sr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	24:11.50
Carson Burian	Jr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	24:18.90
Jack DesRoches	Fr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	24:45.70
Jackson Harris	Fr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	24:50.60
Andrew Pahnke	Sr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	25:03.60
Brady Bliven	Fr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	25:34.90
Dylan Ballard	So.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	25:36.70
Hudson Hurst	Fr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	25:47.10
Jackson Scruggs	Fr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	25:48.30
Zach Hodges	Jr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	25:58.80
Brady Barton	Jr.	Alabama	09/29/2023	Joe Piane Invitational - South Bend, IN	25:59.20
Brody Haar	So.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	26:21.70
Max Hughes	Sr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	26:56.10
Patrick Ford	Fr.	Vanderbilt	09/29/2023	Joe Piane Invitational - Notre Dame, Ind.	27:18.70

5,000-Meter Run

Chase Condra	Sr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	14:33.84
Zachary Roe	Jr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	14:49.84
Jonathan Chung	Jr.	Texas A&M	09/01/2023	John McKenzie Invitational - Fort Worth, TX	14:50.70
Cole Heron	Jr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	14:51.24
Jack Johnston	Fr.	Texas A&M	09/01/2023	John McKenzie Invitational - Fort Worth, TX	14:51.60
Ben Shearer	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	14:55.30
Aiden Gonzalez-Rodiles	Fr.	Texas A&M	09/01/2023	John McKenzie Invitational - Fort Worth, TX	15:01.90
Reuben Reina	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	15:03.10
KC Heron	Jr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:03.21
Joseph Benn	Jr.	Texas A&M	09/01/2023	John McKenzie Invitational - Fort Worth, TX	15:03.40
Zack Munger	Fr.	Texas A&M	09/01/2023	John McKenzie Invitational - Fort Worth, TX	15:04.10
Luke Churchwell	Fr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:05.05
Cooper Atkins	Jr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	15:06.80
Ryan Olree	Fr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:07.11
Max Hardin	Fr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	15:10.60
Kushan Patel	Fr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:11.75
Dustyn Lewis	Sr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	15:12.90
Myles Richter	Sr.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	15:14.30
Ethan Nordman	So.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:15.01
Conner Rutherford	Fr.	Georgia	09/01/2023	Stan Sims Cross Country Opener - Acworth, GA	15:16.94

6,000-Meter Run

Cole Heron	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	17:48.50
Zachary Roe	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	17:57.30
KC Heron	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:03.50
Ethan Nordman	So.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:07.70
Ryan Olree	Fr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:10.50
Luke Churchwell	Fr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:15.50
Jack Wallace	Jr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	18:18.20
Tyler Stevens	So.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	18:18.30
Zack Truitt	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:19.70
Davis Potts	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:24.90



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Mac Howie	So.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:34.00
Cooper Bocko	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	18:45.30
Rob Buisson	Fr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:01.10
Will Dart	Sr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:02.60
Casey Goetschel	Fr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:03.20
Dyllon Nimmers	Jr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:05.30
Hugh Carlson	Fr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:07.20
Alex Holbrook	RFr.	LSU	09/15/2023	LSU Invitational - Baton Rouge, LA	19:15.30
Luke Kalarickal	Fr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	19:20.20
Sumner Kirsch	Fr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	19:24.60

7,850-Meter Run

Jack DesRoches	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	24:35.40
Brady Bliven	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	25:13.00
Zach Hodges	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	25:22.20
Andrew Pahnke	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	25:23.90
Jackson Scruggs	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	25:27.00
Patrick Ford	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	25:59.50
Max Hughes	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	26:08.90
David Song	So.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	26:43.50
Brody Haar	So.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	26:59.90
Max Blader	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	27:17.90
Dylan Ballard	So.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	27:19.60
Mathew Ragsdale	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational/South Region Preview - Gainesville, Fla.	27:54.60

8,000-Meter Run

Ben Shearer	So.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	22:55.00
Kirami Yego	Jr.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	23:04.20
Eric Casarez	Sr.	Texas A&M	10/13/2023	Arturo Barrios Invitational - College Station, TX	23:05.30
Patrick Kiprof	Jr.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	23:11.50
Victor Kiprof	Jr.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	23:13.90
Jacob McLeod	Sr.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	23:17.10
Hillary Cheruiyot	Jr.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	23:23.50
Myles Richter	Sr.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	23:40.00



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» 2023 Women's Statistical Leaders

3 Mile Run

Allison Wilson	Sr.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	16:38.70
Caroline Eck	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:14.30
Liina Winborn	So.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	17:21.70
Emma Curry	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:24.40
Ella Lambert	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:25.40
Vasileia Spyrou	Jr.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	17:33.50
Julia Rosenberg	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:37.10
Rylee Pustilnik	Jr.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	17:39.20
Olivia Jones	So.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	17:40.30
Joslin Blair	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:46.30
Sayla Donnelley	Fr.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	17:53.20
Lainey Phelps	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	17:58.30
Catherine Sommerfeld	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	18:04.40
Gigi Clifford	Jr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	18:08.10
Clara Steer	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	18:12.40
Annie Loehle	So.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	18:15.40
Breanna Stuart	So.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	18:19.40
Elsa Steer	Fr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	18:38.30
Jenna Holland	Sr.	Vanderbilt	09/15/2023	Mountain Dew Invitational - Gainesville, Fla.	18:52.50
Stephanie Ormsby	Jr.	Florida	09/15/2023	Mountain Dew Invitational - Gainesville, FL	18:56.90

3,000-Meter Run

Sydney Thorvaldson	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:14.10
Paityn Noe	Fr.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:14.80
Mary Ellen Eudaly	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:22.60
Laura Taborda	Sr.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:24.10
Mia Cochran	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:25.80
Heidi Nielson	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:27.40
Nyah Hernandez	Jr.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:42.60
Mackenzie Rogers	So.	Arkansas	09/01/2023	Cowboy Preview - Stillwater, Oklahoma	10:49.30

4,000 Meter Run

Ella Chesnut	So.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	13:44.66
Tana Monk	So.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	13:58.81
Callie Hardy	Jr.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	14:08.15
Mary Mac Collins	Fr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:10.10
Audrey Dunn	Fr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:10.60
Ava McIntosh	Fr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:12.60
Hannah Tarwater	Sr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:14.70
Hannah Thuss	Jr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:21.60
Carly Nicholson	Jr.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	14:23.47
Katie Johnson	Fr.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	14:31.48
Cady McPhail	Fr.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	14:34.10
Gwyneth Hughes	Sr.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	14:34.77
Mollie Roden	Jr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	14:37.00
Logan Brennan	Fr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	14:51.00
Lyric Olson	Fr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	14:55.00
Ainsley Edwards	Jr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	14:57.00
Hailey Day	Jr.	LSU	09/01/2023	UNO XC Opener - New Orleans, LA	15:02.62
Hailey Marston	So.	Auburn	09/01/2023	Foothills Invitational - Oxford, Alabama	15:03.10
Bryanna Lucas	Sr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	15:10.00
Aubree Hay	Fr.	Kentucky	09/01/2023	EKU Triangular - Richmond, Ky.	15:24.00



2023 SEC CROSS COUNTRY

5,000 Meter Run

Madison Jones	Jr.	Mississippi State	09/15/2023	The Southern Showcase - AL	00:17.28
Hayley Ogle	Jr.	Mississippi State	09/15/2023	The Southern Showcase - AL	00:17.34
Ramat Jimoh	Fr.	Mississippi State	09/15/2023	The Southern Showcase - AL	00:17.54
Judy Kosgei	Fr.	South Carolina	09/15/2023	Gamecock Challenge - Columbia, SC	15:52.90
Doris Lemngole	Fr.	Alabama	09/29/2023	Joe Plane Invitational - South Bend, IN	16:05.90
Paityn Noe	Fr.	Arkansas	09/29/2023	Chile Pepper Festival - Fayetteville, Arkansas	16:09.40
Hilda Olemomoi	So.	Alabama	09/29/2023	Joe Plane Invitational - South Bend, IN	16:33.70
Joy Gill	Fr.	Alabama	09/29/2023	Joe Plane Invitational - South Bend, IN	16:41.20
Sydney Thorvaldson	So.	Arkansas	09/29/2023	Chile Pepper Festival - Fayetteville, Arkansas	16:44.10
Skylar Boogerd	Sr.	Ole Miss	09/15/2023	Southern Showcase - Huntsville, Ala.	16:46.20
Gabriella Gait-Smith	So.	South Carolina	09/15/2023	Gamecock Challenge - Columbia, SC	16:47.20
Laura Taborda	Sr.	Arkansas	09/29/2023	Chile Pepper Festival - Fayetteville, Arkansas	16:49.80
Ally Kruger	So.	Kentucky	09/15/2023	Southern Showcase - Huntsville, Ala.	16:51.20
Charlotte Augenstein	Sr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	16:52.80
Heidi Nielson	So.	Arkansas	09/29/2023	Chile Pepper Festival - Fayetteville, Arkansas	16:56.90
Kristel van den Berg	Sr.	Ole Miss	09/15/2023	Southern Showcase - Huntsville, Ala.	16:57.80
Loral Winn	Sr.	Ole Miss	09/15/2023	Southern Showcase - Huntsville, Ala.	16:59.70
Elka Machan	Sr.	Alabama	09/29/2023	Joe Plane Invitational - South Bend, IN	17:05.50
Sophia Baker	Jr.	Georgia	09/15/2023	Gamecock Challenge - Columbia, SC	17:05.60
Sarah Schiffmann	So.	Ole Miss	09/15/2023	Southern Showcase - Huntsville, Ala.	17:05.90

5,920 Meter Run

Ramat Jimoh	Fr.	Mississippi State	10/13/2023	Crimson Classic - AL	20:36.10
Hayley Ogle	Jr.	Mississippi State	10/13/2023	Crimson Classic - AL	20:57.70
Jaelyn Ogle	Fr.	Mississippi State	10/13/2023	Crimson Classic - AL	21:02.20
Hunter Anderson	So.	Mississippi State	10/13/2023	Crimson Classic - AL	21:12.80
Madison Jones	Jr.	Mississippi State	10/13/2023	Crimson Classic - AL	21:50.90
Mallory Streetman	RFr.	Mississippi State	10/13/2023	Crimson Classic - AL	21:57.60
Gabrielle Boulay	Fr.	Mississippi State	10/13/2023	Crimson Classic - AL	22:01.80
Brooklyn Quanz	Fr.	Mississippi State	10/13/2023	Crimson Classic - AL	22:45.10
Savannah McIntosh	So.	Mississippi State	10/13/2023	Crimson Classic - AL	22:55.90
Maci Mills	RFr.	Mississippi State	10/13/2023	Crimson Classic - AL	23:49.50

6,000 Meter Run

Hilda Olemomoi	So.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	18:56.90
Doris Lemngole	Fr.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	18:57.10
Parker Valby	Jr.	Florida	10/13/2023	Nuttycombe Wisconsin Invitational - Madison, WI	19:17.20
Joy Gill	Fr.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	19:33.00
Paityn Noe	Fr.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	19:49.60
Loral Winn	Sr.	Ole Miss	09/29/2023	Sean Earl Lakefront Invitational - Chicago, Ill.	19:53.00
Judy Kosgei	Fr.	South Carolina	09/30/2023	Paul Short Run - Bethlehem, PA	19:54.90
Ryann Helmers	Sr.	Ole Miss	09/29/2023	Sean Earl Lakefront Invitational - Chicago, Ill.	19:55.70
Sydney Thorvaldson	So.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	19:58.90
Skylar Boogerd	Sr.	Ole Miss	09/29/2023	Sean Earl Lakefront Invitational - Chicago, Ill.	20:10.00
Maddie Livingston	Jr.	Texas A&M	10/13/2023	Arturo Barrios Invitational - College Station, TX	20:11.90
Flomena Asekol	Sr.	Florida	10/13/2023	Nuttycombe Wisconsin Invitational - Madison, WI	20:14.20
Elka Machan	Sr.	Alabama	10/13/2023	Crimson Classic - Tuscaloosa, AL	20:15.60
Mia Cochran	So.	Arkansas	10/14/2023	Pre-Nationals Invitational - Charlottesville, Virginia	20:17.40
Kennady Fontenot	So.	Texas A&M	10/13/2023	Arturo Barrios Invitational - College Station, TX	20:18.10
Sarah Schiffmann	So.	Ole Miss	09/29/2023	Sean Earl Lakefront Invitational - Chicago, Ill.	20:24.60
Kristel van den Berg	Sr.	Ole Miss	09/29/2023	Sean Earl Lakefront Invitational - Chicago, Ill.	20:27.10
Madison Brown	Sr.	Texas A&M	10/13/2023	Arturo Barrios Invitational - College Station, TX	20:27.30
Ally Kruger	So.	Kentucky	10/13/2023	Crimson Classic - Tuscaloosa, Ala.	20:31.60
Elise Thorner	Sr.	Florida	10/13/2023	Nuttycombe Wisconsin Invitational - Madison, WI	20:32.50

